

Disclosure Statement

Jennifer Basler, LCSW

Achieve Wellness Counseling and Consulting, LLC

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Colorado Springs, CO 80924

Jennifer Basler obtained a Master's Degree in Social Work at Arizona State University in Tempe, AZ and met all of the Colorado DORA requirements in education, training, and experience to become a Licensed Clinical Social Worker (LCSW). Licensed Clinical Social Work number CSW.00001092 issued 7/2008. Jennifer is skilled in Cognitive Behavioral Therapy, EMDR and Perinatal Mental Health. You are entitled to receive information about the method of therapy, techniques used, anticipated duration of treatment, and fees to be charged at any time you so request. At any time, you, as the client, may seek a second opinion from another therapist or may terminate therapy at any time.

-- A Registered Psychotherapist is a psychotherapist listed in the State's database and is authorized by law to practice psychotherapy in Colorado, but is not licensed by the state and is not required to satisfy any standardized educational or testing requirements to obtain a registration from the state.

– A Certified Addiction Counselor I (CAC I) must be a high school graduate or equivalent, complete required training hours and 1,000 hours of supervised experience.

– A Certified Addiction Counselor II (CAC II) must be a high school graduate or equivalent, complete the CAC I requirements, and obtain additional required training hours, 2,000 additional hours of supervised experience, and pass a national exam.

– A Certified Addiction Counselor III (CAC III) must have a bachelor's degree in behavioral health, complete CAC II requirements, and complete additional required training hours, 2,000 additional hours of supervised experience, and pass a national exam.

– A Licensed Addiction Counselor must have a clinical master's degree, meet the CAC III requirements, and pass a national exam.

– A Licensed Social Worker must hold a master's degree from a graduate school of social work and pass an examination in social work.

– A Licensed Clinical Social Worker must hold a master's or doctorate degree from a graduate school of social work, practiced as a social worker for at least two years, and pass an examination in social work.

– A Psychologist Candidate, a Marriage and Family Therapist Candidate, and a Licensed Professional Counselor Candidate must hold the necessary licensing degree and be in the process of completing the required supervision for licensure.

– A Licensed Marriage and Family Therapist must hold a master's or doctoral degree in marriage and family counseling, have at least two years post-master's or one year post-doctoral practice, and pass an exam in marriage and family therapy.

– A Licensed Professional Counselor must hold a master’s or doctoral degree in professional counseling, have at least two years post-master’s or one year postdoctoral practice, and pass an exam in in professional counseling.

– A Licensed Psychologist must hold a doctorate degree in psychology, have one year of post-doctoral supervision, and pass an examination in psychology.

Confidentiality

You have the right to confidential treatment. There are exceptions to this confidentiality, some of which are listed in section 12-43-218 of the Colorado Revised Statutes for Licensed Marriage and Family therapist, social workers, professional counselors, and psychologists, licensed or certified addiction counselors and registered psychotherapists, the HIPAA Notice of Privacy Rights you were provided, as well as other exceptions in Colorado and Federal law. Confidentiality is maintained unless you become an imminent danger to yourself or another person, and then only minimal information is shared to facilitate your or another’s safety. Confidentiality also will be waived automatically in cases involving child abuse, child sexual abuse, grave emotional disability or criminal behavior. Every effort will be made to minimize the data shared with other professionals or authorities, including your Primary Care Physician. You have the right to terminate treatment at any time and you also may request a second opinion at any time. Sexual contact between client and therapist is not part of any recognized therapy. Sexual intimacy between client and therapist is illegal in Colorado and should be reported to the Grievance Board. If you have any questions, concerns, or complaints about licensed or unlicensed mental health practitioners, you can contact the State Grievance Board at 1560 Broadway, Suite 1340, Denver, CO 80202, or at (303) 894-7800.

Cancellation Policy

If an appointment is made, please give 24 hours cancellation notice. When you accept an appointment time, you are making a commitment to your therapist to be there on that scheduled day and time. When you fail to keep an appointment that time is lost to you, the therapist, and to other patients and you will be billed a Full Session Fee. If keeping your appointments becomes a problem and we are not able to resolve this, then I do reserve the right to charge you personally for your missed appointment. Routinely and consecutively missed appointments will result in being discharged from my services and/or referral to another provider.

Crisis Services

I understand that my therapist, Jennifer Basler, LCSW and Achieve Wellness Counseling and Consulting, LLC, does not provide crisis services and sessions are made in advance and by appointment only. I understand that if I am in crisis and need immediate help, I can contact my local Emergency Services by calling 911 or by visiting the nearest Emergency Room. Additionally, I am aware that in an emergency, I may call the Colorado Crisis Line at 844-493-8255 or text 38255.

Electronic Communication

I understand the risks of communicating via text and/or email, that they are non- secured forms of communication. I understand the risks and limitations associated with Telehealth services to include, but not limited to, unintended network and privacy interruptions.

Consultation

I understand that my therapist, Jennifer Basler, LCSW, may seek consultation from other professional regarding my treatment and care when necessary and that every effort will be made to protect my privacy during such consultations. I understand that professional consultation with other professionals will only be made when necessary and with intent to improve my treatment, care and therapy outcomes.

Billing

You may bill your insurance yourself or my billing company will bill it for you. If you have an insurance copayment, coinsurance, or an unmet deductible, you will be expected to make this payment at EACH visit, unless other payment arrangements have previously been made. Past due personal accounts will be charged a finance charge of 1.5% monthly. Returned checks will be assessed at \$15.00 plus any bank charges. Long overdue or delinquent accounts will be turned over to an attorney or collection agency for collection and/or legal proceedings. You will be responsible for legal fees entailed in that process. Your name, address, employment, phone, and balanced owed will be provided to the collection agency or attorney. I have read all the above New Patient Information and I understand my rights as a client or as the client's responsible party. This information was verbally reviewed with the Client.

EXPLANATION OF FEES

• **Sondermind and Headway Clients**

Jennifer Basler, LCSW is a contracted provider with Sondermind. Clients referred through Sondermind are expected to coordinate all insurance benefits and required co-pays with Sondermind. Sondermind will manage all matters regarding fees for service. Private pay clients referred thru Sondermind will pay Sondermind directly, thru payment arrangements determined by Sondermind. No-Shows and late cancellations (less than 24-hour notice) will incur a full session fee, billed directly to the client and charged to the credit card on file.

• **Insurance**

Clients are responsible to determine if their insurance benefits, including Medicare and Medicaid, will cover services provided. Clients are also responsible for required co-pays at time of service. Should insurance coverage lapse during time of treatment, clients will be expected to pay the full private pay rate for serviced not reimbursed by insurance. Clients are expected to provide a valid credit card, at time of initial intake, to remain on file for necessary charges, products and services not covered by insurance. If the Client cannot provide a credit card, arrangements must be made prior to start of services. No-Shows and late cancellations (less than 24-hour notice) will incur a Full Session Fee, billed directly to the client and charged to the credit card on file.

• **Private Pay Clients - Full Session Fees**

\$160.00 Initial Session (up to 75 min)

\$140.00 Individual Session (up to 60 min)

\$150.00 Family Session with or without patient (up to 60 min)

\$35.00 Group Therapy Session (up to 60 min)

Sondermind and Headway Billed Clients: This provider does not set private pay fees for Sondermind or Headway. Sondermind and Headway establish their own rates of private pay clients. This provider receives a contracted rate for services provided, paid directly by Sondermind and Headway to the provider. Please review expected payments directly with Sondermind or Headway to determine cost of services to the you.

Sliding Scale is available for uninsured client's only. Insurances will be billed when applicable.

Client will be responsible for session fees at time of service.

No-Shows and late cancellations (less than 24 hour notice) will incur a Full Session Fee charge. Sondermind clients will incur a no-show and late cancellation fee per Sondermind policies. Clients are responsible to review, and agree, to Sondermind policies in the client portal.

Returned checks will be assessed at 15.00 plus any bank charges.

Phone calls and voice mail messages are billed as follows:

\$25.00 for 1-15 minutes

\$45.00 for 16-30 minutes

\$65.00 for 31-45 minutes

\$85.00 for 46-60 minutes

Fees include collateral contact (i.e. necessary communications with other people involved in your care.)

\$25.00 minimum charge for letter writing

\$18.53 minimum charge for file copying

\$75.00 per hour charge for staffing

\$75.00 per hour for review of records and documents

Fees for Records Request: Patient or Personal Representative

Colorado law establishes the following reasonable fees that a health care facility may charge. The fees may not exceed the following:

- For the first ten pages: \$18.53
- For the next thirty pages (pages 11 through 40): \$0.85 per page
- Each additional page after page 40: \$0.57 per page (all records except those stored

on microfilm) or \$1.50 per page (records stored on microfilm)

- Actual shipping costs
- Applicable sales tax

Court Costs: To be billed to responsible party requesting professional testimony, i.e. Client or attorney

\$75.00 per hour for court preparation

\$250.00 per hour for expert testimony (2 hour minimum)

\$100.00 per hour portal to portal fee Court costs are payable in advance and are non-refundable.

A PHYSICAL COPY OF THIS DISCLOSURE STATEMENT CAN BE PROVIDED UPON CLIENT'S REQUEST. SIGNED COPIES WILL REMAIN IN THE CLIENTS FILE

D I C S L O S U R E S T A T E M E N T

A PHYSICAL COPY OF THIS DISCLOSURE STATEMENT CAN BE PROVIDED UPON CLIENT'S REQUEST. SIGNED COPIES WILL REMAIN IN THE CLIENTS FILE.

By signing I confirm I have read, understand, and agree to the Patient Disclosure Statement.

Patient _____ Date _____

Therapist _____ Date _____